



## 38<sup>TH</sup> CCHOA ANNUAL MEETING

SATURDAY, MARCH 17, 2018

GELLART PARK CLUBHOUSE

MEETING - 11:00AM

### Signs/Symptoms of Stroke

By David J. Canepa

Stroke is the leading cause of adult disability in the United States but 80 percent of them could be prevented through healthy lifestyle changes and working with your health care providers to address the factors that raise the risk of stroke.

Nearly 800,000 people suffer a stroke every year in the United States and it kills about 140,000 Americans annually. But if treated quickly like the emergency it is, the effects of a stroke can be far less debilitating.

That's why my office has teamed with the Pacific Stroke Association on an education campaign to understand what the signs and symptoms of a stroke are. We hosted our first event Feb. 7 at the Doelger Center in Daly City and have more planned for the remainder of the year.

While most strokes occur in people 65 or older, strokes can occur at any age.

If you smoke, drink alcohol, are overweight, get little to no exercise, have high blood pressure or are diabetic, your risk of having a stroke is far greater. Stress can also increase the risk of stroke. A stroke is caused by a decreased blood flow to the brain which then decreases the amount of oxygen flowing to the brain.

A healthy lifestyle greatly reduces the risk. Stroke may cause physical paralysis, speech problems, memory loss and other disabilities. At our events we will learn the symptoms and how vitally important it is to seek immediate medical attention.

The quicker you can recognize the signs and symptoms of a stroke and call 911 for help, the increased likelihood of saving a life and limiting the extent of a potential disability. FAST is an acronym used to help detect the symptoms of a stroke. It stands for: Facial drooping, Arm weakness, Speech difficulties and Time to call 911.

The quicker paramedics are called to the scene, the better. San Mateo County has an Emergency Medical Services (EMS) stroke system in place. This system begins when 911 is called and paramedics transport patients with stroke symptoms to one of six stroke hospitals serving the county, including Seton Medical Center, Peninsula Hospital, Kaiser Permanente South San Francisco, Kaiser Permanente Redwood City, Sequoia Hospital and Stanford Hospital, according to the Health System. Understanding the signs and symptoms of stroke can save a life.

*(David J. Canepa is your county supervisor representing District 5. He served on the Daly City Council for eight years and as mayor in 2014. He can be reached at (650) 363-4572 and [dcanepa@smcgov.org](mailto:dcanepa@smcgov.org).)*



**OBEY all traffic signs and Association Rules and Regulations.**  
**Do not park in a RED ZONE or over the time limit of any VISITOR SPACE without CCHOA permission. You will NOT be called. You WILL be TOWED.**  
**DO NOT drive the wrong-way or back down ONE-WAY streets. The fine is \$100!**

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## The Candidates

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### Rosemarie (Rose) Barrios

My interest in the Crown Colony HOA board meetings came after attending an open forum session to suggest that a quarter coin machine be installed in the Clubhouse for our then coin-operated laundry rooms. This led to a discussion in which a decision was made to convert our laundry rooms to the card machines - a big improvement. I also asked for our dog park, and enjoy it almost daily. I find the open-mindedness of the committee to new ideas and solutions for improving our community very impressive.

My hope is to continue to take a proactive role in our community, and to be a positive force. I also hope to help build, maintain, and increase the value of Crown Colony property. I have enjoyed the interaction with the existing Board, and I look forward to further serving with Mary Slade, and Sharon Singletary. If I am re-elected, I will continue to strive to bring fresh ideas and a new perspective to the issues that come before the Board.

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### David Matthews

The way to begin answering that question is to let me tell you about last year. My wife and my Mother died 2 months apart early last year. To avoid my sadness, I became involved in the community of Crown Colony. I began my journey by attending the Annual General Meeting. I witnessed interesting speeches and discussions. This made me interested in attending monthly Board Meetings/ Open Forum. I was intrigued with how the Board and Management conducted themselves. That's when I thought about becoming a board member. I discussed different issues with the Board and Management, and felt very comfortable. I believe that I could be of great assistance to my fellow board members, and the greater Crown Colony community.

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### Sharon Singletary

I, one of many, sincerely enjoy all the amenities that have been skillfully maintained and strategically improved which has been enhanced year after year with the

planning projects of the Board. The assurance of a new and improved security detail company in the recent years also contributes to helping the Crown Colony community maintain safety and security as a feature for all who seek ownership in our community. I am extremely amazed of the large homeowners community that is maintained by a handful of committed homeowners who volunteer their precious time to participate on the Board because, each individual sitting there involved in the meetings every month convey loyalty and commitment in keeping their community beautiful, thriving and proactive.

This is why, Sharon Singletary, wants to give back to this homeowner's Board of Directors, that, where some have been active in participating for many years, volunteering all the countless hours that have taken them away from appointments and commitments, which they could instead arrange to be drinking a peach margarita on the beach in the warm Tropics! Our board members are continually taking on the responsibilities for others in keeping this community on a path of being progressive and proactive, even though there is little or no recognition of the difficult choices and displays of dedications to a cause that makes so many proud to live here. I want to give back to my home, Crown Colony, and learn from the best of the Board members so that I can continue to be a part of a TEAM that cares by continuing to serve as a Board member. My time as a Board member has been bitter sweet because of the difficult choices, but mostly sweet!!

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### Mary Slade

Why Do I Want to be on the Board of Directors?

After living at Crown Colony for 15 years and serving on the Maintenance, Finance and Budget Committees for 14 of those years, and now currently serving on the Board of Directors, I would now like to further my involvement in the running of this HOA. I retired as of January 2018 and now have the time to dedicate myself to help maintain the community I live in so that all those who live here have a safe and well managed place to thrive. I feel that all complaints about Crown Colony and needs of those who live here should be treated and listened to with respect. I think it is both a responsibility and privilege to help shape and maintain the rules and policies of the HOA so all of us can enjoy the diverse community we live in.



Contact us via e-mail at  
[cchoa@crowncolonyhoa.com](mailto:cchoa@crowncolonyhoa.com)  
On the Web:  
[www.crowncolonyhoa.com](http://www.crowncolonyhoa.com)

**NO SMOKING**  
in the Corridors, Elevators,  
Laundries, Gyms or Clubhouse



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## January Board Highlights

**Financial Report Ending December 31, 2017:** Bautista & Co. reflected a surplus for the month of \$17,125 an ending cash balance of \$1,655,440 and total investments of \$1,425,555 which is designated to reserves.

**Financial Report Ending November 30, 2017:** Bautista & Co. reflected a deficit of \$34,264, an ending cash balance of \$1,578,764 and total investments of \$1,384,458 which is designated to reserves.

**Ratification of Window and Door Installations:** The Board approved the installation of windows and doors at 396 Imperial Way #109 and 399 Imperial Way #3.

**Ratification of Electric Fireplace Installation:** The Board ratified the installation of an electric fireplace at 371 Imperial Way #309

**Ratification of Proposal from PRG Construction for Dry Rot Repairs at Building 7:** The Board ratified PRG Construction's proposal for dry rot repairs at Building 7 for a cost of \$33,850 to be funded from line #9703.

**Ratification of Proposal from PRS to Clean Hallway Vents at Buildings 7 & 14:** The Board ratified the proposal from PRS to clean the hallways vents at Buildings 7 & 14 for a cost of \$3,254 to be funded from line #9924.

**Ratification of Tree Work Proposal from Arborwell for work behind Buildings 26 & 27:** The Board ratified the proposal from Arborwell for a cost of \$13,050 to be funded from line #9914.

**Ratification of Proposals from Van Go Plumbing to Make Necessary Repairs to the Underground Sewer Pipe at Building 13:** The Board ratified the proposals from Van Go Plumbing for a cost of \$39,660 to be funded from line #9953.

**Approval of Revision of Employee Handbook:** The Board approved the revised Employee Handbook prepared by MyOHR for the employees at Crown Colony.

**Authorization to Proceed with Recording Notice of Delinquent Assessments and Notice of Defaults:** The Board authorized Sunrise Assessment Services to proceed with recording notice of delinquent assessments and Notice of Defaults for TS#s 19948, 19949, 19950, 19966.



**Daylight Savings Time  
Begins  
Sunday March 11, 2018**

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## Sweepstakes

Since 1998, the Board has been giving sweepstakes prizes to the winners of the sweepstakes drawing at the Annual Meeting: This year's prizes are:

- (1) Credit for one month's dues;
- (2) \$150 credit towards one month's dues;
- (3) \$100 credit towards one month's dues;
- (4) \$50 credit towards one month's dues;
- (5) \$50 Macy's Gift Certificate; and
- (6) \$50 Outback Restaurant Gift Certificate.

The Outback Certificate is donated by Common Interest Management Services (CIMS). All credits are applied against regular assessments only. Only owners in good standing who attend the Annual Meeting are eligible for the sweepstake prizes. Don't take a chance of missing out on the opportunity of being a lucky winner.

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## Move-in Fee

In 1986, the Board approved a non-refundable move-in-fee to offset the cost of repairs to the common area when it is damaged by residents moving in or out. This fee, which is currently \$150.00, is billed directly to the unit's owner for each move-in. Owners renting their units may wish to recover this fee from their tenant.

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## New Windows & Doors

The Board has approved the specifications for window and sliding door replacements and a list of contractors who may install them. Before replacing your widows or sliding glass doors, you must pick up a window and door replacement package from the Association Office, fill it out, return it to the Office and have your replacement installation approved.

All of the information and the specifications you and your approved contractor will need are contained in this package.



**Do not leave bottles, cans, newspapers, or other trash on top of your parking space's locker. Thank you!**

**ONLY deck furniture, gas grills, planters, pots & approved storage on decks & patios. No brooms, mops or pots on rails**



# march

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Clubhouse Closed until Restoration Completed				1	2	3 Coffee & Donuts 50¢ each 10:30am
				4	5	6
11	12	13	14	15	16	17 <b>38<sup>TH</sup> ANNUAL MEETING</b> Gellert Park Clubhouse Meeting - 11:00 am
18	19	20	21	22	23	24 Coffee & Donuts 50¢ each 10:30am
25	26	27	28	29	30	31 Coffee & Donuts 50¢ each 10:30am

The Colonist is a private publication created for the members of the Crown Colony Homeowners Association  
379 Imperial Way, Daly City, CA 94015

## IMPORTANT NUMBERS

**EMERGENCY** ..... **Dial 911**  
**Front Gate** (24 Hours) ..... 994-0255  
 or dial 350 on any Building Directory  
**Crown Colony Office** ..... 756-8220  
 Rita Nicolas e-mail: cchoa@crowncolonyhoa.com  
**Common Interest Management** ..... 286-0292  
 Bob Burton  
**Bautista & Co.** ..... 697-7907  
 Cecille Osmena, 214 Broadway, Millbrae, CA 94030  
**Wave Cable** ..... Jason Quejarro - 415-416-8071  
 or 1-800-427-8686  
**Comcast Cable** ..... Craig Oborn 866-502-5191  
 LaJari "LJ" Pruitt 510-815-2003  
**Satlink** ..... Jake Sparacio - 415-658-9960  
 or 530-828-5033  
**Coinmach Laundry** ..... 1-877-264-6622  
**Crown Colony Properties** ..... 650-994-0300  
**Van Go Plumbing** ..... 415-755-7405

## COMMITTEE MEETINGS

Architecture: ..... When posted  
 Building, Maintenance & Finance: ..... When posted  
 Communications: ..... When posted  
 Grievance: ..... 3<sup>rd</sup> Thur. at 6:15 pm  
 Recreation: ..... When posted

Meetings are held in the Clubhouse unless posted otherwise.  
 All meeting times approximate

## BUS to BART

### Monday thru Friday

#### Leaves Crown Colony

6:20 am	7:05 am	8:05 am
6:35 am	7:25 am	8:25 am
6:50 am	7:45 am	8:40 am

#### Leaves Colma BART

4:35 pm	5:35 pm	6:30 pm
4:55 pm	5:55 pm	6:50 pm
5:15 pm	6:15 pm	7:05 pm

Schedule subject to change